



MENU

**BREAKFAST** 9.30am - 12pm

Crunchy Granola (1,3,7,8)   €8.5

Home made toasted granola, lemon yoghurt, seeds, nuts, fresh berries & compote

Porridge   €8.5

Irish oats, coconut milk & shavings, raspberries & plant based yoghurt

Poached Eggs (1,3,7,12)   €9

Toasted sourdough served with two poached eggs & Hollandaise sauce



Breakfast Blaa (1,3,6,7,10,12) €9.5

With sausage, rasher, black pudding, fried egg & relish

GYC Full Irish (1,3,6,7,10,12) €13

2 sausages, 2 rashers, black pudding, grilled tomato, cubed potatoes, poached eggs & toasted sourdough ***only served as above**

BRUNCH from 9.30am

Avocado Toast (1,3,6,7,8,11,12)   €12


Sourdough toast with smashed avocado, feta, toasted seeds & sun-dried tomato pesto

*add poached eggs topped with Hollandaise €4



Breakfast Burrito (1,3,7,12)  €12.5

Scrambled egg with melted smoked applewood cheese, baby spinach wrapped in a grilled tortilla, served with guacamole, spicy salsa, sour cream & hot sauce

Pancakes / French Toast  €11.5

Fresh strawberries & Nutella (1,3,6,7,8,12) 

Streaky bacon & maple syrup (1,3,7,12)

Acai Bowl (5,8)   €11

Acai berry base, oat milk, a selection of fresh fruit, toasted almonds, drizzled with peanut butter

ADD-ONS

Streaky Bacon	€4.5	Poached Eggs	€4
Grilled Chorizo	€4.5	Smashed Avocado	€4.5
Sausages	€4	Baked Ham	€5

LUNCH

from 9.30am

Daily Specials from 12pm

Please ask your server

Soup of the Day (1,7)*   €8

With brown bread

Seasonal Seafood Chowder (1,2,3,4,7,9,12,14)  €12.5

With brown bread


Pulled Pork Blaa (1,3,6,7,9,10,12) €14.5

Slow braised pulled pork, ruby slaw, ranch dressing & waffle fries


Spiced Buttermilk Chicken Wrap (1,3,6,7,10,12) €12

With onions, peppers, spring onions, fresh red chillies & curry mayo

*add chips €3.5

Veggie Loaded Flatbread (1,2,4,6,7,8,11,12,14)  €11

With olives, feta, cherry tomatoes, roasted vegetables & tahini

Toasted Ham & Cheese (1,3,7,10,11,12)  €11



Grilled sourdough sandwich, with basil pesto & chili chutney

*add chips €3.5

'Baja Style' Fish Tacos (1,2,3,4,10,11,12) €15

Choice of fresh cod / tiger prawns mango & cucumber salad, jalapeño, sriracha sauce

*add chips €3.5


Buddha Bowl (1,5,6,8,9,10,11,12)   €15

With sushi rice, Asian vegetables, avocado, pickled ginger, crispy onions, sriracha sauce

*add chicken €4 *add prawns €6

Warm Goats Cheese Salad (1,7,8,12)  €16

With pear, baby leaves, beetroot, Parma ham, candied pistachios & sour dough

Chicken Caesar Salad (1,3,4,7,12)  €16

With pan fried chicken breast, cos lettuce, herb croutons, bacon lardons & parmesan shavings

Spicy Chicken Wings (1,7,9,10,12)

With celery & Tipperary blue cheese

• starter portion €12

• main with chips €17

Allergens list: 1.Cereals 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybeans 7.Milk 8.Nuts 9.Celery 10.Mustard 11.Sesame seeds 12.Sulphur dioxide 13.Lupins 14. Molluscs. **Our beef is 100% Irish.**

HOT DRINKS

Espresso €3.5

Americano €3.8

Cappuccino €4

Latte €4

Flat White €4

Double Espresso €3.8

Macchiato €3.8

Mocha €4.5

Iced Coffee + €0.5

Oat Milk / Almond Milk + €0.5

Flavored Syrups + €0.5

Pot of Barry's Tea €3.5

Herbal tea €4.5

Mint / Ginger / Lemon / Earl Grey

Hot Chocolate €3.9

With marshmallows & cream €4.2

COLD DRINKS

Orange Juice / Apple Juice €3.5

Still / Sparkling Water €4

Coke / Diet Coke / Coke Zero / Sprite / Fanta €4

Wild Orchard Lemonade €4

Irish Craft Soda Rock Shandy / Cherry Soda €4

San Pellegrino Flavored Water €4.5

Lemon / Orange / Pomegranate & Orange

Large Sparkling San Pellegrino €5.5


FULL SELECTION OF DRINKS AVAILABLE FROM PUNCH'S BAR

SIDE DISHES

Homemade Chips €4

Sweet Potato Fries €5

Onion Rings €4

Side Salad  €4.5

Cup of Soup  €3.5

KIDS CORNER

Goujons & Chips €8

Sausages & Chips €8

Tomato Pasta €7

Kids Pancake €7



Dishes highlighted with this logo can be done **gluten free** on your request. For additional allergens information follow list or ask your server.

Please note, we are unable to split bills on tables over 6 ppl.
Service charge of 10% on tables over 10ppl.