green yard cafe

Green Yard's Breakie Bowls...

Porridge €6.50

Irish oats, coconut milk, blueberries, cinnamon, honey & chia seeds Granola €6.50

Home made granola, lemon yogurt, fresh berries & berry compote

Warm Vegan Wonka Bowl €7.50

Spelt flakes cooked with almond milk & vegan chocolate, poached seasonal fruits and mixed seeds

Breakfast

Avocado on toast €8.00

Sourdough toast with smashed avocado, beat hummus, feta crumb, chilli flake's & Za'atar spice

Breakfast burrito €9.00

Scrambled egg with melted smoked applewood cheese, baby spinach wrapped in a grilled tortilla, served with guacamole, spicy salsa & sour cream

Poached eggs €7.00

Toasted sourdough served with two poached eggs & hollandaise sauce

Add ons/ Extra's

Streaky bacon...€3.00 poached eggs...€3.00 smashed avocado...€3.00 baked ham...€4.00 sausages...€3.00

Pancakes / French toast:

fresh strawberries & nutella €8.50 streaky bacon & maple syrup €9.50

Available from 9:30 - 17:00

Soup, Sandwiches, Salads & Light bites €6.00 Soup of the day & brown bread Seasonal sea-food chowder & brown bread €9.50 €8.50 Limerick ham sandwich Toasted sourdough, local cheese, tomato & chilli chutney €12.50 Open smoked salmon sandwich with brown bread, pickled cucumber & capers Open Greek salad sandwich with toasted focaccia €9.50 €9.50 Roast chicken cheese sandwich with charred garlic melt, vine tomatoes & ricotta pesto €12.50 Spicy tempura prawn sandwich with Asian-style slaw & hot sauce Chicken Caesar salad with pan fried chicken breast, cos lettuce, croutons, parmesan €14.50 cheese & crispy parma ham Warm goats cheese salad with pear, baby leaves, beetroot, parma ham, €14.00 candied pistachios & sourdough Toonsbridge grilled halloumi salad with black-eyed beans, avocado, leaves, tomatoes, €14.50 cucumber & mango Slow braised beef bourguignon €16.00 Served with spring onion mash, herb gremolata €7.50 Filo Parcel with feta €7.50 Falafel, beetroot & celery salsa with tzatziki €9.00 Spicy chicken wings, Tipperary blue cheese dip €11.00 Doonbeg pil pil prawns

Sides				
Home-made chips	€4.00			
Sweet Potato Fries	€4.50			
Cup of soup	€3.50			
Garlic mayo	€0.50			
Nutella	€1.00			
Maple syrup	€1.00			

Sweet Treats	
Sticky toffee pudding & ice-cream	€7
Chocolate Brownie & ice-cream	€7
Apple Pie & ice-cream	€7
Sicilian lemon roulade & raspberry sorb	et €7
Vegan Chocolate tart with raspberry so:	rbet €7
Selection of ice-cream's	€6
Plain or Fruit scone	€3.00
Cookie	€1.50

Carroot Transla

Let us know of any dietary requirements or if you need allergen advice on our menus. Full allergen chart available for all dishes. Gluten free and vegan options available. Deep fried items may contain gluten. All locally sourced fresh fish may contain bones.

green yard drinks

HOT DRINKS	
All coffees are made with double shot, single sl	hot & decaf
available on request	
Espresso	€2.70
Americano	€3.20
Cappuccino	€3.50
Latte	€3.50
Flat White	€3.30
Double Espresso	€3.20
Macchiato	€3.20
Mocha	€3.80
Flavoured syrups	€0.30
Add oat, almond, coconut milk	€0.30
Hot chocolate	€3.50
with marshmallows	€3.70
with marshmallows & cream	€3.70
Pot of Barry's tea	00.00
Herbal teas;	€3.00
Mint, Green, Ginger & Lemon or Earl Grey	€3.50
COLD DRINKS	
Orange & Apple Juice	€3.50
Sparkling & still Ballygowen	€3.20
Coke, Diet Coke, Fanta, Sprite	€3.20
Wild Orchard Lemonades	€3.50
San Pellegrino flavoured waters	€3.00
San Pellegrino sparkling water 500ml Aqua	€3.70
Panna, still water 500ml	€3.70
L	

House Wines	Full wine list availa	ıble			
White		Glass	250ml	500ml	Bottle
Sauvignon Blanc Chilensis, Chile	6	5.95	8.40	15.40	23.00
Pinot Grigio - Sonetti, Italy	7	7.20	8.80	17.00	26.00
Chardonnay – Les Roucas, France	7	7.20	8.80	17.00	26.00
Sauvignon Blanc - Old Coach Rd, I	NZ 8	3.20	10.20	20.00	29.00
Prosecco - Reguta, Italy	8	3.20	10.20	20.00	29.00
Rose					
Sierra Salinas	7	7.20	8.20	17.00	26.00
Red					
Malbec – Santa Ana, Argentina	7	7.20	8.80	17.00	26.00
Temparnillo – Muriel Rioja, Spain	7	7.90	10.20	20.00	29.00
Merlot - Torreon de Parades, Chile	7	7.20	8.80	17.00	26.00

Full selection of drinks available from Punch's bar

COCKTAILS

ESPRESSO MARTINI Absolute vodka, kahlua coffee liquer, sugar syrup, fresh espresso	11	STRAWBERRY DAIQUIRI Havana club 3 year old rum, strawberry puree, lime juice, sugar syrup & blended ice	11
WHISKEY SOUR Jameson black barrel, lemon juice, sugar syrup, egg white dash of angostura bitters	11	APEROL SPRITZ Aperol, prosecco, topped with soda water	8
PORNSTAR MARTINI Absolute vanilla vodka, passion fruit puree, lime juice, vanilla sugar syrup & shot of prosecco	11	BELLINI Prosecco, topped with peach puree	9
MAGARITA Olmeca althos blanca tequila, triple sec, lime juice & blended ice (salted rim optional)	11	MIMOSA Prosecco topped with oranage juice	9

www.greenyardcafe.ie